



Mexico Extreme Adventure Application

Trip Name: _____
Preferred Date: _____
Alternative Preferred Date: _____

Client Name: _____
Date of Birth: _____ Sex: _____ Occupation: _____

Mailing Address: _____
City: _____ State: _____
Zip: _____ Country: _____
Email Address: _____

(Permission to forward to other participants: Yes No)

Day Phone: _____ Evening Phone: _____
Cell Phone: _____

Payment Plan

- I am making a deposit of 50% of the price to hold my adventure reservation, which includes a \$75 non-refundable registration fee.
- I am making a deposit of 100% of the price to hold my adventure reservation, which includes a \$75 non-refundable registration fee

Mexico Extreme reserves the right to document (written or photographic) our trips and participants, and use for commercial and/or promotional purposes.



Health and Fitness Survey

Name: _____

Day Phone: _____ Evening Phone: _____

Cell Phone: _____

Email: _____

Date of Birth: _____ Height: _____ Weight: _____ Sex: _____

I can jog without distress: 1 mile 3 miles 5 miles more
 1 kilometer 3 kilometers 5 kilometers more

I can easily walk with a daypack over: 4hrs 8hrs 12 hrs more

Please list your current exercise activities including frequency and time/distance:

What's the heaviest backpack you have carried and for how long?

What's the highest altitude you have reached, and where?

Do you use tobacco? _____ How much? _____

Do you use alcohol? _____ How much? _____

Sickness or injuries in the last 12 months:

Have you been hospitalized in the past 2 years? _____ If yes, please explain:

Please list medications taken regularly or intermittently and reason:

Any history of:

- | | | |
|--|---|--|
| <input type="checkbox"/> back/neck problems | <input type="checkbox"/> hypoglycemia | <input type="checkbox"/> intolerance to cold temps |
| <input type="checkbox"/> knee problems | <input type="checkbox"/> kidney problems | <input type="checkbox"/> irregular heartbeat |
| <input type="checkbox"/> circulation problems | <input type="checkbox"/> blood disease | <input type="checkbox"/> joint dislocations |
| <input type="checkbox"/> ankle problems | <input type="checkbox"/> vision impairment | <input type="checkbox"/> severe sprains |
| <input type="checkbox"/> arm or shoulder problems | <input type="checkbox"/> cancer | <input type="checkbox"/> migraines |
| <input type="checkbox"/> head injury | <input type="checkbox"/> diabetes | <input type="checkbox"/> other: _____ |
| <input type="checkbox"/> heart condition | <input type="checkbox"/> asthma | _____ |
| <input type="checkbox"/> bleeding disorder | <input type="checkbox"/> chronic infections | _____ |
| <input type="checkbox"/> epilepsy/seizure disorder | <input type="checkbox"/> currently pregnant | _____ |
| <input type="checkbox"/> respiratory condition | <input type="checkbox"/> motion sickness | _____ |
| <input type="checkbox"/> intestinal problems | <input type="checkbox"/> altitude sickness | _____ |
| <input type="checkbox"/> hearing impairment | <input type="checkbox"/> high or low blood pressure | |
| <input type="checkbox"/> hernia | <input type="checkbox"/> intolerance to warm temps | |

If you marked any of the above, please explain below or attach separate page (include date, length, severity, current symptoms and limitations):

Are there any other health related or pre-existing conditions? (Attach separate page if necessary)

What allergies do you have, if any?

Are there any foods you cannot eat?

For courses, treks and beginner climbs, please give a brief description of your outdoor and/or climbing background

FOR TECHNICAL CLIMBERS ONLY

Please attach a climbing resume including training, routes and peaks climbed. Include whether or not you reached the summit, and whether the climb was guided or not.

Person to notify in case of emergency:

Name/Relationship: _____

Phone(s): _____

All the above is true to the best of my knowledge.

Signature

Date

PLEASE READ AND UNDERSTAND THESE POLICIES BEFORE SUBMITTING YOUR APPLICATION TO MEXICO EXTREME (ME)

ACKNOWLEDGMENT AND ASSUMPTION OF RISK, RELEASE AND INDEMNIFICATION

In consideration of the services provided by Mexico Extreme, its director, employees, agents, volunteers, participants and all other persons or entities associated with or acting in any capacity on its behalf (collectively referred to as "ME"), I hereby agree to release, indemnify and discharge ME, on behalf of myself, my heirs, assigns, personal representative and estate and for all members of my family, including minor children, as follows:

1. I acknowledge that trekking, kayaking, mountain biking, rock climbing and mountaineering entail known and unanticipated risks that could result in physical or emotional trauma, injury, paralysis, death or damage to myself, property and/or third-parties. Although ME has taken reasonable steps to provide me with appropriate equipment and skilled guides, I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks include, among other things: the hazards of traveling in uneven mountainous terrain and slips and falls; being struck by rock fall, icefall or other objects dislodged or thrown from above; the use of climbing ropes and equipment; the forces of nature, including lightning, weather changes and avalanche; the risk of falling off the rock, mountain or into a crevasse; the risk of exposure to insect bites; the risk of altitude and cold including hypothermia, frostbite, acute mountain sickness, cerebral and pulmonary edema; my own physical condition; and the physical exertion associated with this activity. Additional dangers may include the hazards of traveling in the Third World; accident or illness in remote places without access to emergency medical facilities; war, terrorism and other forces. I understand that this description of these risks is not complete and that other unanticipated inherent risks may occur.

Furthermore, I acknowledge that ME has a difficult job to perform. It seeks safety but is not infallible. It might be unaware of my or another participant's fitness or abilities. It might misjudge the weather or other environmental conditions. It may give incomplete warnings or instructions and equipment being used might malfunction. I acknowledge that engaging in this activity may require a degree of skill and knowledge different than other activities and that I have responsibilities as a participant. I acknowledge that ME has been available to more fully explain to me the nature and physical demands of this activity and the risks, hazards, and dangers associated with this activity.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in the activity is purely voluntary, and I elect to participate in spite of the risks.

3. I acknowledge that ME and its guides have complete authority and discretion as to the performance of activities and trips and may modify itineraries, trip plans or cancel a trip for any reason. I acknowledge that the success of the trip depends on cooperation of the participants with the trip guides and with each other. I therefore hereby voluntarily submit to the authority of ME and its guides for the complete duration of the trip.

4. I hereby voluntarily release, forever discharge and agree to indemnify and hold harmless ME from any and all claims, demands or causes of action which are in any way connected with my participation in this activity including, but not limited to my use of ME's equipment or facilities; my representations of my mental, health, fitness, and skill; and any claims which allege negligent acts or omissions of ME.

5. Should ME or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this Agreement, I agree to reimburse them for all such fees and costs.

6. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating in the trip and I agree to bear all the costs of such injury or damage myself should I not have adequate insurance. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

7. I understand that ME may contract with independent contractors to provide services on the trip or activity, including transportation, travel services and guide services. I understand that ME has no control over and accepts no responsibility for the actions of any independent contractor involved in providing services on the trip/activity.

The laws of Mexico will govern this Agreement and I consent to the jurisdiction and venue of the federal and state courts sitting in Mexico City, Mexico. If there is a dispute between the parties relating to this document, the party substantially prevailing will be entitled to recover all costs and expenses of any subsequent proceedings (including trial, appellate, and arbitration proceedings), including the attorney fees incurred therein.

By signing this document, I acknowledge that if anyone is hurt or property damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against ME on the basis of any claim from which I have released them herein. I have had sufficient to opportunity read this entire document. If any part of this Agreement is deemed unenforceable, all the parts shall be given full affect to the extent possible. I have read and understand it, and I agree to be bound by its terms.

Name and Signature of Participant

Date

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION
(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) (the "Minor"), being permitted by ME to participate in its trip/activities and to use its equipment and facilities, as the parent or guardian of Minor, I hereby give my permission for Minor to participate in the foregoing and further agree, individually and on behalf of Minor, to the terms of the above and to indemnify and hold harmless ME from any and all claims which are brought by or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Name and Signature of Parent or Guardian

Date

PLEASE READ AND UNDERSTAND THESE POLICIES BEFORE SUBMITTING YOUR APPLICATION TO MEXICO EXTREME (ME)

PAYMENT SCHEDULE

- At the time of reservation (at least for weeks before planned departure) – 50% of the price, which includes a \$75 non-refundable registration fee, the other 50% must be paid 7 days prior to scheduled departure
- Sign-ups within 7 days of planned departure require full payment at the time of sign-up. Should any last minute charges for services (e.g., rental equipment, permits) occur you will be charged the outstanding amount which must be paid on the day of scheduled departure or your participation in the event will be revoked with no refund

DATE CHANGE FEE POLICY

- All date changes must be received in writing along with new application.
- \$100 fee per date changes.
- Any change from trip departure can be extremely difficult and is subject to all incurred expenses as assessed by ME. Change is made at ME's discretion.
- All date changes are for credit only (no refunds) and valid for one year from written change notification and receipt of new application

CANCELLATION POLICY

If you decide to cancel your trip or change your itinerary, ME must be notified in writing. Your trip will be cancelled from the date written notice is received. You will be assessed a fee according to the following schedule. If proper written cancellation notice is not received, amounts paid and reservations made will be forfeited. In addition, due to the non-refundable nature of government permits, hotel deposits, etc., ME must strictly adhere to policies outside ME's control. We strongly encourage all participants to obtain Trip Insurance.

CANCELLATION FEES

- More than 21 days from Trip Departure: \$75 Fee
- 21 to 14 days from Trip Departure: 50% of Trip cost
- 14 days or less from Trip Departure: 100% of Trip Cost

CONDITIONS

ME is not responsible for expenses (e.g. nonrefundable airline tickets, visa fees, equipment, etc.) incurred by trip members in preparing for cancelled trip, regardless of cancellation reason, or for any additional expenses should the trip members have embarked or returned prior to or after any scheduled date. ME is not responsible for any expenses incurred due to any deviation from the schedule undertaken by choice of trip participant. Additional unscheduled services not included in trip cost will be charged to participant's credit card. ME alone reserves the right to cancel (in accordance with the above terms), or postpone any trip due to acts of man (e.g. war, terrorism, etc.), or forces of nature beyond ME's control.

Early Departures: No refunds will be given for participants leaving a trip by personal choice, or by direction of the guide. Unscheduled services such as transportation, meals, hotels, etc., are the responsibility of the participant.

Route Changes: It is possible that a route change due to forces of nature may become necessary on the trip. Route changes will always be at the discretion of the guide. No refunds will be available in the event of any route or itinerary change.

Postponement or Delay: Delays and postponements in transportation sometimes occur. ME cannot be responsible for these at any time. Every effort will be made to minimize any inconvenience, but ME is not responsible for any additional costs that may arise.

Responsibility: Trip members are responsible for the cost of evacuations. Trip insurance, which includes emergency evacuation coverage, is strongly recommended.

ME will take every care with client's baggage and property but is not liable for loss, damage, theft or delayed delivery. ME acts as an agent for the transport, accommodations, and services of the company supplying this trip. ME may not be held liable for non-performance of any such supplier.

If the client is not able or willing to assume the above-mentioned risks, the client should purchase trip insurance.

Trip Cancellation: ME reserves the right to cancel any trip due to insufficient sign ups, in which case, ME will provide a full refund.

I have read the foregoing policies and conditions of Mexico Extreme and in signing this application, I understand and accept these policies:

Name and Signature of Participant

Date

Send Application Form by email or mail to:

Mexico Extreme / 22kn
Avenida Mexico 410, La Noria,
16030 Ciudad de México, D.F.



Rediscover Mexico